



STAMFORD LIFE

WEEKLY STAMFORD NEWS

EXCLUSIVE NEWS TODAY

IDP SUCCESS!

Another Successful Interdisciplinary Project

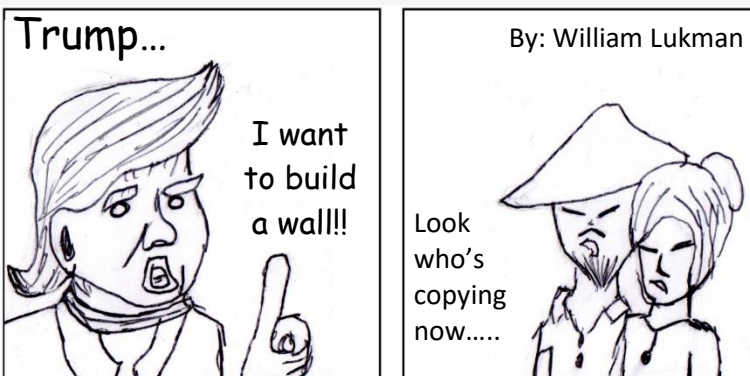
The first week of the second term was allotted as Secondary 3 and 4's Interdisciplinary Project (IDP) week. The school takes a week out of the regular school activities and sets that week as IDP week because they want the students to be ready for the future. This year, the upper secondary students were told to create a project based around a Stamford question they choose. A Stamford question is a question that needs to be researched through primary and secondary research, a question that may not have a single definite answer and a question that will benefit the community.

Throughout the week, the students worked on coming up with an answer to their Stamford question. The students came up with many very interesting projects and all of them worked very hard in researching for their project. Some students went around handing out surveys and others did very interesting experiments. It was visible that all the students were passionate about doing well for their IDP.

All of their hard work was presented on Friday, October the 7th, during the IDP presentation which was held at the school library. Many parents attended the presentation to see their children present their answers to their Stamford questions. There were 8 groups of four presenting on Friday. All of them sounded very passionate about their projects during their presentations and all of them did very well. Many people said that this year's IDP was one of the most successful ones yet to come. By: Jennifer S4



Gaby, Axel, Jessie and John of Group 4 presenting their IDP project about, "How does the 'open' classroom setting affect the individual learning of the P5 – S2 students?" to the guest.



Upcoming events:

- SFTH English Storytelling Contest (15 October 2016)
- Childrens Day 2016 (14 October 2016)

So Much to Do, Too Little Time

“Don’t say you don’t have enough time. You have exactly the same number of hours per day that were given to Helen Keller, Pasteur, Michelangelo, Mother Teresa, Leonardo da Vinci, Thomas Jefferson and Albert Einstein.” – H. Jackson Brown Jr.

Time management is an important skill in life and there are many tips and tricks on how to effectively manage time. But, first of all, what is time management? Time management is the ability to plan and control the amount of time spent on activities. Time management is an important skill because time itself is a resource that is more valuable than gold. This is because once you use it, you will never get it back. And, if you can manage time effectively, you will have less regrets on how you spent time. That’s something you want, isn’t it?

The golden rule of time management is prioritization. When you accomplish the most important tasks first, you will be able to set aside mountains of time for the other things you like to do without worrying whether you have a deadline to meet. This means you will much more fun when doing your hobbies as you are relaxed and not worried.

The second tip is that you have to give yourself a break between tasks. If you jump from task to task without stopping, your motivation will be drained much quicker and even though you get everything done, the work may not be at its best quality. When you take a 5-10-minute break every time you finish a task, you will get refreshed in that

period of time and hence, your motivation is peaked and the quality of your tasks is improved greatly. Doesn’t that sound good?

The third tip is doing the related tasks together. For example, let us say you have a Biology report to do, a Chemistry assignment to complete, an English descriptive piece to write and an Indonesian composition to do. Do the Biology and Chemistry together and the English and Indonesian together because the subjects are related and this means you won’t have to look back and re-study each time you do the next task. This will save you loads of time and you can use the time you saved to do things you like whether it is sports, reading or even cooking.

The fourth and final tip is to reward yourself. Whenever you finish a tiring task, reward yourself. What better way to boost yourself after hard work than a reward? The reward can be food, sleep or even a pat on the back, the important thing is that it has to be something that can cheer you up and refuel your motivation.

Time is a precious gift that we are lucky to have. We need to respect the gift by not wasting it. Don’t underrate time.

By: Kyle S4

LIGHTS OUT!

Where were you when the lights went out?

That’s my question, what’s your answer?

Were you captured by the darkness? Were you caught in the moment, realizing how fragile civilization actually is? Did the darkness remind you that all of the things we expect to be there for us were fleeting and finite? Were you one of the paranoid one, who prepped for this very occasion, who for one moment stood there with a smug grin before the realization about what the darkness is capable of doing sank in? Realizing that gratification of your prophecy isn’t something you wanted? Were you one of the ones who thought this one was an error, a mistake, a fault in the system or an error in the grid, and that you were absolutely sure someone is going to fix it?

Any.

Second.

Now.

Or were you one of the unlucky ones who slept through the first few hours of it, thinking that the darkness was ordinary and usual, only to be woken up by something mankind has

forgotten: silence. Did anyone of you tried your mobile, your TV, your laptop? Or did you go old school and tried the landline only to find out that it was as dead as everything else.

There’s a moment right? Where the reality of the situation sank in, the moment where each of you realized the lights weren’t coming back on. That maybe they couldn’t. That maybe they wouldn’t.

What did you feel right there when the darkness told you the truth? What were you thinking about? What were you praying about?

Tell me.

Or did you think that this was the end? ‘The’ actual end. The point where you think that everything has stopped, a stopping point for everything. In that moment where the world plunged into darkness what did you believe?

What did you think?

Where were you when the lights went out?

By: Athaa S4